



Sträcka: 17 km
Mellantid: 8 km
Höjdmeter: 550 m

Resultat 2019

Damer

Placering	Namn	Mellantid	Total tid
1	Josefin Gardeström	00:58:08	01:56:22
2	Anna Johansson	01:01:15	01:58:28
3	Maria Mikaelsson	01:01:10	01:58:34
4	My Eriksson	01:02:17	02:01:17
5	Sara Grönlund	01:03:35	02:04:41
6	Ida Rehnlund	01:10:04	02:14:31
7	Isabella Stål	01:10:44	02:18:35
8	Maria Holmlund	01:17:00	02:33:27
9	Karolina Mannelqvist	01:27:39	02:50:41
10	Camilla Karlsson	01:29:44	02:50:57
11	Linda Bergstrand	01:36:00	03:24:18
12	Frida Sääf	01:40:33	03:40:38
13	Anna-Stina Grubbström	01:43:35	03:42:33
14	Beatrice Norberg	01:36:07	03:54:19
15	Julia Björk	02:15:23	04:37:45
16	Jessica Winka	02:15:17	04:37:47

Herrar

Placering	Namn	Mellantid	Total tid
1	Tor Larsson	00:41:15	01:20:57
2	Tomas Mikaelsson	00:41:13	01:22:41
3	Örjan Gustavsson	00:45:55	01:27:53
4	Måns Lundberg	00:46:15	01:36:28
5	Mikael Kainulainen	00:51:08	01:38:59
6	Mikael Ulfsparre	00:50:35	01:40:33
7	Einar Danielsson	00:54:01	01:43:37
8	Daniel Sandberg	00:54:23	01:45:24
9	Fredrik Edlund	00:53:35	01:50:22
10	Peter Larsson Grönlund	00:56:58	01:51:09
11	mikael arnfjell	00:56:20	01:51:26
12	Jörgen Wanstedt	00:58:21	01:54:58
13	Joakim Berglund	01:01:31	01:55:44
14	Janne Gustafsson	01:00:15	01:57:34
15	Jonas Karlsson	00:59:06	01:57:37
16	Klas Fahlgren	01:01:59	02:00:33
17	Dick Adolfsson	01:04:57	02:02:26
18	John Grundström	01:05:03	02:03:48
19	Lars Gavelin	01:03:33	02:04:42
20	Krister Marberg	01:05:18	02:10:18
21	Henrik Söder	01:11:58	02:12:47
22	Pär Ax	01:13:16	02:14:05
23	Jacop Ulriksson	01:08:48	02:15:40
24	David Persson	01:11:24	02:15:42
25	Simon Mannelqvist	01:10:12	02:16:21
26	Inge Samuelsson	01:12:30	02:18:30
27	Morgan nätterlund	01:06:36	02:19:33
28	Josef Karlsson	01:12:06	02:21:32
29	Emil Öhman	01:16:58	02:33:27
30	Linus Adolfsson	01:18:58	02:41:40
31	Peter Lundvall	01:55:58	03:17:06
32	Peter westin	02:13:08	04:38:01

instagram

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